

We care about the environment and we know you do too. Your office is a great place to make little changes that make a big difference. Here are some ideas to help you do just that. Provided monthly by R.E.A.P.S., we hope they inspire you to create change!

GREEN TIP #194

June 2026

Green

OFFICE CLEANING

Swap harsh cleaners for simple natural alternatives to reduce indoor air pollution and avoid harmful chemicals in shared spaces. Many conventional cleaning products use strong fragrances, dyes, and ingredients that can irritate lungs and skin. Natural cleaning is as effective with the right ingredients like using vinegar or alcohol for disinfectant, or baking soda for gentle scrub on tough stains.

Here is a simple all-purpose cleaner you can use on common surfaces, just mix the following ingredients into a spray bottle: ¼ cup white vinegar, ¼ cup alcohol, 2 cups distilled water, 4 drops of dish soap, 8-10 drops of essential oil (lavender, orange, or peppermint).

Find out more about green cleaning and its benefits by checking out this [link](#).

Do you have any questions or suggestions? Call or email us at green_solutions@reaps.org!