



Bringing May FLOWERS



Did you know?

Worm castings are amazing for garden soil! It is often called "black gold," because it is full of nutrients and helpful microbes which improves soil health and helps plants grow.

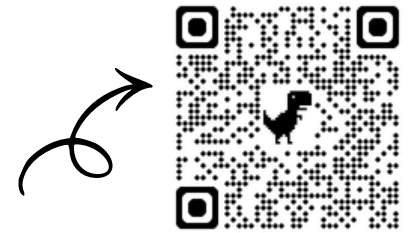
Grow a plant with worm castings to see its effect on soil!

You will need:

- Gloves
- Pea seeds (or any seed you like)
- Outdoor soil
- 1/2 cup of harvested castings
- Two empty yogurt cups



- 1.) Ask an adult to help poke drainage holes in the cups.
- 2.) Fill one cup with outdoor soil. Moisten it with water until it feels like a wrung-out sponge. Label this cup as "CONTROL."
- 3.) Fill the second cup halfway the outdoor soil, then add the castings. Mix it well and add water if needed. Label this cup as "TEST."
- 4.) Next plant one seed in each cup so it is 1 inch deep below the soil.
- 5.) Place the cups in a sunny windowsill, and water lightly each day.
- 6.) Watch what happens! Which plant grows better?



"Soil is Alive!" - SciShow Kids, Youtube



Where does organic matter come from?



♥ Compost Awareness Week 3-9th

Answer: It comes from anything that was alive, this includes plants and animals

Send any questions, art or inquiries to:
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Ph: 250-561-7327 or email: thewormlady@reaps.org



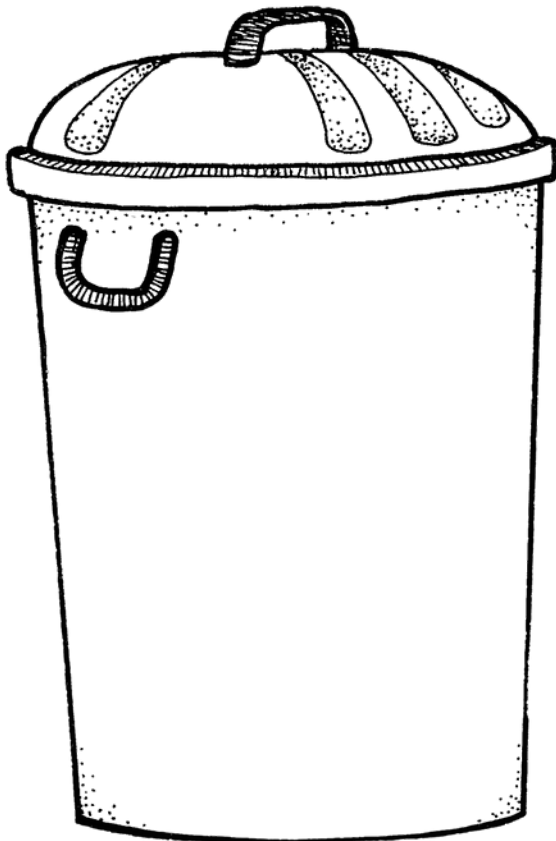
Maude Barlow

Born May 24, 1947

She is a Canadian author who teaches people about caring for nature and the right to clean drinking water. Recognized for her efforts against the water crises, she also promotes communities to speak up and help protect the planet.



This compost bin is empty. Draw some of food scraps that you know you can add.



What is the compost cycle?



The compost cycle is the natural way of recycling organic matter. Food scraps and leaves break down over time with the help from microbes and worms that live in the soil. The finished compost becomes rich soil that helps new plants grow!

May 3-9 is Compost Awareness Week

Compost feeds our soil which in turn feeds us. What food scraps we leave behind can return in the compost to repeat the cycle. Composting offers us a responsible way to manage our organic waste, protect the environment, and decrease food shortages. This week, let's celebrate composting initiatives and give back to our soil!