

March into Spring



Most species of earthworms in North America were wiped out from the glaciers over 10,000 years ago. The common earthworms you see today are nightcrawlers and were introduced here from European settlers in the 17th century!



Save the Worms by Helping Birds



In early spring, birds are hungry and start searching the ground for worms. Worms are important for soil ecology and we do not want birds to go hungry. You can help by making a simple bird seed snack to give birds another tasty option. Here how you can make a simple bird seed snack.

What you'll need:

- Peanut or sunflower butter
- Bird seed
- A pinecone, toilet paper roll or stick
- String

What to do:

- Spread peanut butter all over your pinecone or tube.
- Roll it in bird seed until it's covered.
- Hang it outside or place it on a branch where birds can find it!

? Question of the month

What kind of animal is
a worm?

- A) Mammal
- B) Insect
- C) Reptile
- D) Invertebrate

Answer: D! Worms are invertebrate animals since they do not have any bones. They also do not have any outer shells or legs.

March 2026						
SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
	7	8	9	10	11	12
	13	14	15	16	17	18
	19	20	21	22	23	24
	25	26	27	28	29	30
	31					

- ♥ Mar 14- International Day of Action for Rivers
- ♥ Mar 21 - International Day of Forest
- ♥ Mar 22 - World Water Day
- ♥ Mar 23 - Earth Hour



“Invertebrate animals for kids”
- Smile and Learn, Youtube

Send any questions, art or inquiries to:
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Ph: 250-561-7327 or email: thewormlady@reaps.org



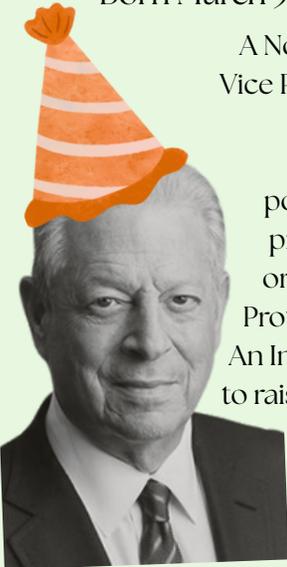
22 World Water Day

World Water Day is an annual United Nations Observance focusing on the importance of freshwater.

This day celebrates water and raises awareness of the 2.1 billion people living without access to safe water. It is about taking action to tackle the global water crisis.

AL GORE

Born March 31, 1948



A Nobel Peace Prize winner and former Vice President of the USA. He had served in the US Military, and worked as a businessman, a journalist and a politician. He currently works hard to protect the environment through his organization, the Alliance for Climate Protection. You may have seen his film, *An Inconvenient Truth*, that was created to raise awareness about climate change and what we can do to stop it. He believes that mankind can come together to stop climate change.

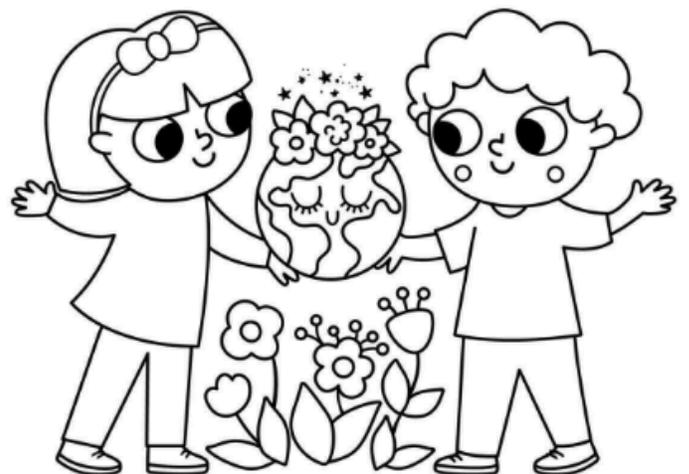
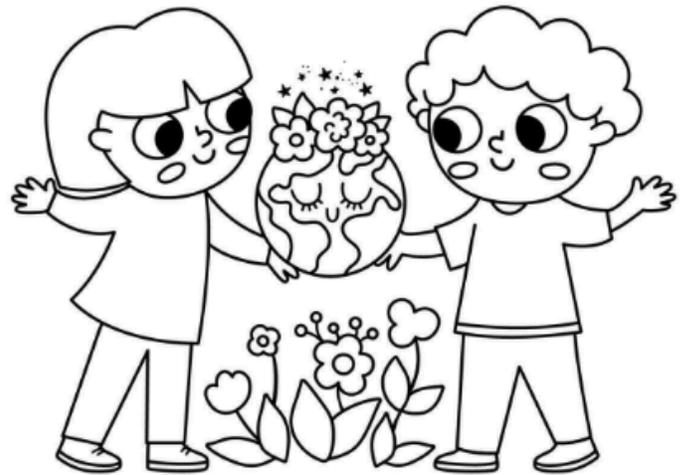
23 Earth Hour

Earth Hour is a special event where people around the world turn off their lights for one hour to help the planet. It happens every year in March, from 8:30 PM to 9:30 PM.

Here's how you can join in:

- Turn Off Lights: Switch off your lights and gadgets for one hour.
- Spread the Word: Tell your friends and family about it!

Find 10 Differences



Challenge



For one hour, do something simple to help the planet: turn off the tap while brushing your teeth or washing your hands to save water. If you have a garden, help out by adding worms to the soil or watering your plants. Share what you did with friends or family to spread the word and make a positive impact!