

We care about the environment and we know you do too. Your office is a great place to make little changes that make a big difference. Here are some ideas to help you do just that. Provided monthly by R.E.A.P.S., we hope they inspire you to create change!

GREEN TIP #189

January 2026

WAYS TO CONSERVE POWER



A large, stylized title 'WAYS TO CONSERVE POWER' is centered. To the left of the 'W' is a yellow lightbulb with a brown base. To the right of the 'P' is a black power plug with a black cord.

Did you know that your electronics continue to consume energy even when they're switched off? This is known as phantom power. A great way to reduce consumption is by plugging your devices into a power bar that you can turn off when you're not using them.

You can also save power by remembering to turn off lights for areas not in use, and powering down your computer at the end of a workday so it doesn't consume energy over the night or weekend.

You can also replace incandescent bulbs with LEDs. These consume 70% to 90% less energy and last 15 times longer. Moreover, consider installing dimmer switches which can extend the life of your bulbs.

Check out this [link](#) for energy-saving incentives for businesses through B.C. Hydro.

Learn more about ways to conserve power in your office [here](#).