October 2025 State No. 287

### CREEPIN' IT COMPOSTY



Worms don't have lungs — they breathe through their skin!
That's why they love moist environments and hate being too
dry or too wet. Moist like a squishy pumpkin, not a soggy mess!



"Don't be trashy this spooky season – compost it like a creepy-crawly pro!"



## Question of the month

What should you do with your pumpkin after Halloween?

- A) Throw it in the trash
- B) Feed it to your worm bin or compost
- C) Hide it under your bed
- D) Mail it to a vampire

Answer: B! Worms help reduce waste and make soil for growing veggies!

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- 💙 9- Energy Efficiency Day
- ♥ 21 to 25- Waste Reduction Week
- ♥ 16- International Day for Climate Change
- ♥ 24- International Day for Climate Action
- 💙 31- Halloween

## Fun Time Activity:

Wormy Pumpkin Parade

Decorate a mini pumpkin as a worm (add pipe cleaner antennae, googly eyes, draw a little compost cape!) and create a display at home or in class.

Send any questions, art or inquiries to:

The Worm Lady c/o R.E.A.P.S Box 444 Prince George, BC V2L 4S6 Ph: 250-561-7327 or email: thewormlady@reaps.org

# REAPS READER

### JANE GOODALL

Jane is a world-famous scientist and animal protector who spent her life studying chimpanzees and speaking up for all living things. She believes kids (and worms!) can change the world with kindness and care.

Born October 3, 1934



See how many candy wrappers you can collect and reuse or recycle creatively (make art! glue into bookmarks!







### Energy Efficiency Day



Turn off lights, unplug chargers, and let the sunshine in!

Even worms don't waste energy, they move only when they need to (smart little guys!).



and don't let candy wrappers escape into the wild!
Worms give Halloween a Zero-Waste Treat stamp!

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### Waste Reduction Week



Monday: Circular Economy – Reuse craft challenge Tuesday: Textiles – Fix or decorate old clothes Wednesday: Waste – How much garbage can you reuse, or recycle?

Thursday: Plastics – Count how many plastic items you use in one lunch

Friday: Food Waste – Make a leftover lunch or snack with family











### International Day for Climate Action

Time to speak up for the planet!
Create a "Worms for the Earth" poster or slogan like:
"Worms want cool soil, not a hot planet"

REAPS school programs are supported by the Regional District of Fraser Fort George (RDFFG) and the province of British Columbia