

...one tip at a time!

We care about the environment and we know you do too. Your office is a great place to make little changes that make a big difference. Here are some ideas to help you do just that. Provided monthly by R.E.A.P.S., we hope they inspire you to create change!

GREEN TIP #185

September 2025



OFFICE MEAL SHARING

In BC, 40% of the materials in our landfills are organic waste. Some of this waste could be reduced by sharing our resources. Instead of tossing leftovers that sat in your fridge all week, bring the leftovers from last night's dinner to the office to share with your coworkers.

Host a "Leftovers Potluck" with the office. Get creative! Look through your fridge at home and bring your dinner leftovers or find an easy recipe to use up ingredients before they spoil. This is a great way to prevent food waste.

You can also check your cupboards at home. Maybe there's some canned veggies in the back of your cupboard that you're never going to use, or a box of crackers that you didn't like. Start a "Share Cupboard" at work where you can drop off shelf stable food that everyone can use. If there is a large amount of food dropped off, your office could consider donating the food as well.

Learn more about food waste reduction in BC [here](#)

Find places to donate food in Prince George [here](#)

Do you have any questions or suggestions? Call or email us at green_solutions@reaps.org!

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