REAPS
RECYCLING & ENVIRONMENTAL ACTION PLANNING SOCIETY

Greening Your Office

...one tip at a time!

We care about the environment and we know you do too. Your office is a great place to make little changes that make a big difference. Here are some ideas to help you do just that. Provided monthly by R.E.A.P.S., we hope they inspire you to create change!

GREEN TIP #123   **July 2025**

USE PLANTS AS NATURAL *Air Purifiers*

Adding plants to your office space can help purify the air and create a more pleasant, oxygenated environment. Plants absorb carbon dioxide and release oxygen, effectively acting as natural air purifiers. They can absorb background noise, creating a more peaceful environment. Some of the best indoor plants for improving air quality include:

Snake Plant   **Peace Lily**   **English Ivy**   **Bamboo Palm**

Not only do plants help clean the air, but they also add a touch of nature to your workspace, which can reduce stress and improve overall well-being. Just be sure to choose plants that are low-maintenance and suitable for the lighting conditions in your office.

Do you have any questions or suggestions? Call or email us at green_solutions@reaps.org!