

WHAT IS RECYCLING?

Recycling is the process of making new products out of previously used things. Unusable recyclable materials can be broken down and remade into a new product.

WHY RECYCLE?

Approximately half of the average household waste going into landfills is recyclable materials. Redirecting recyclable materials away from landfills saves tax dollars and ecological areas from becoming new landfill sites.

A quarter of the volume in a landfill is composed of compostable organic waste. When decomposed in an anaerobic environment, like a covered landfill methane gas is released. Adding to the depletion of the earth's ozone layer.

Only one quarter of the average household waste should be going to the landfill. The rest can be diverted to be recycled or composted in a composter.

RECYCLING IDEAS

- Buy cardboard egg cartons instead of nonrecyclable Styrofoam ones. Styrofoam takes over 1000 years to break down in a landfill.
- Visit thrift stores to drop off unwanted used items or to pick up new treasures.
- Take home your groceries in reusable cloth bags. In Canada up to 15 billion plastic bags are used every year.
- Compost your kitchen waste in a backyard composter. Which will make your own fertilizer for your lawns, vegetable and flower beds.
- Donate old magazines to waiting rooms.
- Buy recycled products and close the loop.
- Have your morning coffee in a reusable travel mug.
- Reuse empty yogurt containers as seed starter pots or use as lunch and freezer containers.

RECYCLING HOTLINES

Recycling & Environmental Action Planning Society (REAPS)

Phone: 250-561-7327

Website: www.reaps.org

Regional District of Fraser-Fort George

Prince George: 250-960-4486

Toll free: 1-800-667-1959

Website: www.rdffg.bc.ca

Foothills Boulevard Regional Landfill

Phone: 250-962-8972

BC Recycling Hotline

Toll free: 1-800-667-4321



REAPS
RECYCLING & ENVIRONMENTAL
ACTION PLANNING SOCIETY

Location: Growing Knowledge Community Compost Garden Campus Ring Road (UNBC) Prince George

Mailing Address: PO Box 444,
Prince George, B.C. V2L 4S6

Phone: 250.561.7327

Fax: 250.561.7324

Website: reaps.org

Email: recycling@reaps.org

Learn about

RECYCLING REDUCES



REAPS
RECYCLING & ENVIRONMENTAL
ACTION PLANNING SOCIETY

PRACTICING THE 8R'S

The average person throws away 2 kg of garbage per day or 730 kg a year! Each of us can play a small role in reducing the waste stream. By practising the 8R's this is an achievable solution to overloading our landfills.

Rethink

- Stop and think: Do we really need that box of individually wrapped snack?
- Talk to companies that supply our favorite products about rethinking their packaging.

Refuse

- Refuse single – use plastics
- Refuse non-recyclable packaging

Reduce

- Reduce consumption
- Become conscious of our choices and question whether or not we really need something.

Reuse/Repurpose

- Transform stuff we'd normally throw away into something cool and useful.
- Repurpose packaging into arts and crafts
- How can we reuse packaging such as glass, cardboard and some plastics for other uses?

Repair

- Do simple repairs on your clothes, appliances and more
- Saves money. There are lots of DIY repairs found on internet to get you started.
- Good maintenance extends the use

Recycle

- Use city curbside pickup or drop off locations
- Ask about recycling options at work
- Place a recycling container in your car

Rebuy

- Choose products made from recycled material to ensure demand and complete the cycle.

Rot

- Transform organic waste (food scraps and yard clippings) into nutrient rich soil amendment.
- Start composting

RECYCLING DEPOTS

Accepted Materials

Most recycling depot locations will all accept the following:

- Newspapers and Inserts
- Milk jugs/cartons
- Plastic food containers
- Metal food and beverage cans (labels removed)
- Brown kraft bags
- Corrugated cardboard (please flatten)
- Boxboard (i.e. cereal boxes)
- Cardboard egg cartons
- Catalogues, glossy flyers and magazines
- Office paper, computer paper and writing paper
- Telephone books and paperback books
- Envelopes (with windows is okay)



OTHER RECYCLABLE MATERIALS

Electronics / Electrical Appliances

- **Hart Return It Centre:** 6665 Hart Hwy
- **London Drugs #51:** Parkwood Place
- **Nechako Bottle Depot:** 1922 - 1st Avenue
- **PG Recycling & Return-It Centre:** 2614 Peterson Rd.
- **Salvation Army:** 3500 - 18th Avenue

Household Hazardous Waste

- **Nechako Bottle Depot:** 1922 - 1st Avenue

Paint

- **Canadian Tire:** 5008 Domano Blvd
- **Nechako Bottle Depot:** 1922 - 1st Avenue
- **PG Recycling & Return-It Centre:** 2614 Peterson Rd.

Plastic Overwrap

The plastic overwrap on diapers, toilet paper, hygiene products, pop, paper products, furniture, electronic equipment, etc.

- **Hart Return It Centre:** 6665 Hart Hwy
- **PG Recycling & Return-It Centre:** 2614 Peterson Rd.

“There is no such thing as ‘away’. When we throw anything away it must go somewhere.”

– Annie Leonard

For a comprehensive Waste Reduction Directory list email: recycling@reaps.org