

REAPS Greening Your Office

# ... one tip at a time!

We care about the environment and we know you do too. Your office is a great place to make little changes that make a big difference. Here are some ideas to help you do just that. Provided monthly by R.E.A.P.S., we hope they inspire you to create change!

### **GREEN TIP #168**

## April 2024

#### Spring is here! You know what that means? Gardens Galore!

Though it might seem unlikely to grow a garden within an office, it's easier than you think! The 4 basic things you need are:

- A window or some sort of way for natural sunlight.
- A sink to get water.
- The seeds/pants of your choice.
- A green THUMB!

Having easy to manage plants in the office is a given! In fact, we encourage it. But when spring starts to roll around, it might be time to invest a little more time in sprucing up your office space!

The classic window herb garden. All you'll need is canning jars, rocks (for drainage), potting soil, herb seeds, and a tin to hold the jars! Simply place your rocks at the bottom of the jars, a layer of potting soil, your herbs, another layer of soil, and lastly water lightly! Water as needed and enjoy the fresh herbs within reach.

Water regeneration garden.

Finished a veggie but still have the top or core? Make this sci-fi looking water garden that only requires cups and water! You can place lettuce ends, carrot tops, bok choy, onions, garlic and more! Make sure to change their water regularly and put them near bright sunlight.

#### **Eggshell Planters**.

Try this Easter twist on an indoor flower garden! Don't throw out your eggshells and instead place the open halves back into the carton and put wildflowers or small flowers in them. Make sure to use rich soil and gently pack it in with the potted flowers. Water lightly next to a bright window as needed.







Do you have any questions or suggestions? Call or email us at green\_solutions@reaps.org!

**Recycling & Environmental Action Planning Society (R.E.A.P.S.)** PO Box 444, Prince George, BC V2L 486. Phone: (250) 561-7327 Fax: (250) 561-7324 Website: http://www.reaps.org