



REAPS
RECYCLING & ENVIRONMENTAL
ACTION PLANNING SOCIETY

Greening Your Office

...one tip at a time!

We care about the environment and we know you do too. Your office is a great place to make little changes that make a big difference. Here are some ideas to help you do just that. Provided monthly by R.E.A.P.S., we hope they inspire you to create change!

GREEN TIP #147:

July 2022

Sunny Days and Heat Rays

Seeing that we are in the early half of summer it can get pretty warm out and a lot of the time that means your office space can become a place of heat and discomfort but lets not jump to using an air conditioning unit just yet.

Lets go over some things that save or use less energy that will still help cool you down during the summer, first lets go over the importance of windows. They are the make it or break it item that will ultimately decide just how hot your office space is, you will want curtains and or blinds set up with your windows closed during the day so no sun can get in and start warming up your space, then once its dark and cool enough you will want to tie your curtains and open your blinds and windows to get cool air filtering through your work space.

Second a fan is definitely another point of interest, yes it does use electricity but it beats an air conditioner when it comes to conserving electricity. The fan will be able to cool down the air too and give the room some circulation, it will also come in handy when you feel that cool breeze whenever the fan goes your way while its rotating. There's also always the option of bringing cold items in to work like ice packs or even cold foods and drinks, it wont take any extra energy either as fridges are always running anyways.

Another thing is if you have appliances to cook or heat up food, try to avoid them at all costs. They will just put you in a pickle as you'll be stuck in a warmer room with hot food. Consider BBQ or have a picnic dinner.

Lastly you might want to check your windows and doors to see if they are sealed properly, little slots and cracks do not seem like much but covering those will help a lot with controlling your offices temperature.



Do you have any questions or suggestions? Call or email us at green_solutions@reaps.org!

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