CASTINGS

Issue No. 236

#### What to Do, What to Do...? A Troubleshooting Guide for your Worm Bin

Hopefully everything is going wonderfully with your wormy friends, but in the case that something is amiss, here are some troubleshooting tips to help you out. If these don't solve your issues, be sure to give The Worm Lady a call!

#### 1. Too Wet & Smelly

If your bin is looking a bit too wet and smells like rotten eggs or garbage, you will need to add some more dry bedding, which is shredded paper. This will help absorb that extra moisture. Additionally, make sure you are covering the food back up so it isn't exposed.

### 2. Too Dry

If their bedding is looking too dry, sprinkle some water on top until it is damp, like a wrung-out sponge.

#### 3. Too Many Other Bugs

Some bugs are good in your worm bin, but others can be harmful to your worm friends. If you aren't sure if you have the right ones or if there are too many, give The Worm Lady a call. If there are fruit flies, make sure you are covering the food with bedding.

#### 4. Growing Mold or Fungus

Mold or fungus in your bin isn't an issue for the worms, but it can irritate some humans. Since they grow well in still environments, gently stir up the top of the bedding next time you feed the worms. Additionally, your bin may be to wet or to acidic, so you can try cutting back on the citrus or adding a bit of bedding to dry it out.

## 5. Too Much Food Left

Hopefully by now you have noticed what your worms like to eat first, and what they are more picky about. If they haven't eaten food you left for them after a few weeks, take it out and compost it in a regular compost bin instead. Ensure most of the food is eaten before adding more.



Potato art designed by vectorpocket /

Send any questions, art or inquiries to: The Worm Lady c/o R.E.A.P.S Box 444 Prince George, BC V2L 4S6 PH: 250-561-7327 or email: thewormlady@reaps.org



COMPOST

November 2020



Have you helped the environment today?

#### **Important Dates to Remember!**

Nov 1: Nov 5-11: Nov 6:	World Vegan Day Veterans' Week International Day for Preventing the Exploitation of the Environment in War and Armed Conflict
Nov 7:	National Bison Day
Nov 11:	Remembrance Day
Nov 21:	World Fisheries Day
Nov 27:	Buy Nothing Day

#### International Day for Preventing the Exploitation of the Environment in War and Armed Conflict

Although the name of this day celebrated on November 5th is quite long, it is also very important. War is terrible and hurts so many people, but we often forget that it hurts the environment too. Over 40% of international conflict is linked to disputes over natural resources. War can destroy crops, poison the soil, pollute the water and air, and kill animals, in addition to the harm caused to

Unscramble the letters to find the words in our

# Remembrance Day Anagram

Hidden Word (solve the circled letters):

@r w	
a©errvy	
a©g e r o u	
d e©f m o r	
a c@e p	
p p p©i o s	
mary	
beemnrvo	
a e envrt	
d e iPo l s	
a e hrit w	

human lives and communities. This is just one more reason to try and resolve conflict peacefully.



## We Shall Keep the Faith

by Moina Michael

Oh! you who sleep in Flanders Fields, Sleep sweet - to rise anew! We caught the torch you threw And holding high, we keep the Faith With All who died.

We cherish, too, the poppy red That grows on fields where valor led; It seems to signal to the skies That blood of heroes never dies, But lends a lustre to the red Of the flower that blooms above the dead In Flanders Fields.

And now the Torch and Poppy Red We wear in honor of our dead. Fear not that ye have died for naught; We'll teach the lesson that ye wrought In Flanders Fields.

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