



Recycling and
Environmental
Action
Planning
Society

Greening Your Office

...one tip at a time!

We care about the environment and we know you do too. Your office is a great place to make little changes that make a big difference. Here are some ideas to help you do just that. Provided monthly by R.E.A.P.S., we hope they inspire you to create change!

GREEN TIP #138:

October 2021

Remove the “Fast” from Office Fashion

The fashion industry is one of the biggest contributors to pollution in the world today. There is such a pressure to reduce costs and make a lot of clothes fast so environmental corners are being cut. The fashion industry is the second biggest clean water polluters with their use of toxic dyes. Let's make our wardrobes and shopping habits more sustainable and better for the environment!

1. Curate a capsule closet/wardrobe. A capsule closet is a closet that you limit the amount of clothes you have to 50 or less. This means you have a cohesive wardrobe and limits what you buy! For clothes meant for specific seasons you can store them away and pull them out when they are needed!

2. Donate your clothes to second hand shops or to the salvation army. When you donate your old clothes, it allows other people to buy those clothes at a more affordable price and allows those garments to be loved for longer.

3. Swish! Swishing is a fancy name for a clothes swap party. This can be between friends, coworkers, and family members. You go through clothes pulling out what you don't want anymore and bring it to the party, now go through everyone's clothes and see what you want and things that aren't taken you can donate!

4. Upcycle! Whether its turning old garments into new garments or making them into something entirely new using the fabric from your old textiles is a great way to prevent clothed from ending up in the landfill! You can use the fabric to make dog toys, teddy bears, quilts, reusable grocery bags, or anything else your heart desires! Don't forget Salvation Army is our textile recycling facility.



October is waste reduction month, be more mindful on what we are throwing away. Only about 14% of things that end up in the landfill cannot be composted or recycled. A recent study showed that Canadians produce more waste per capita than any other country on earth. Per year Canada produces approximately 31 million tons of waste making the average Canadian produce about 2.7 kg of waste a day. Out of all that waste only about 30% (or about 9.3 million tons) actually gets recycled! There are about 10,000 landfills in Canada that give off gasses, mainly methane. Canada makes up about 20% of national methane emissions and since methane is about 21 times as harsh on the environment compared to carbon dioxide it is a huge deal! A big way to make an impact and help our environment is to remember the three R's and especially the first one, reduce. We need to reduce our consumption of mass produced products and of products that are harmful to the environment.

Do you have any questions or suggestions? Call or email us at green_solutions@reaps.org!

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