



Recycling and
Environmental
Action
Planning
Society

Greening Your Office

...one tip at a time!

We care about the environment and we know you do too. Your office is a great place to make little changes that make a big difference. Here are some ideas to help you do just that. Provided monthly by R.E.A.P.S., we hope they inspire you to create change!

GREEN TIP #126

October 2020

You've Got the Green Light

Fall is here and the winter is rapidly coming up. This means the days are slowly but surely growing shorter and shorter. Because of this most people will be turning on more lights and we will be using up more power.

The use of power for lighting in the workplace can contribute a major chunk of your electricity bill. In fact, in the USA lighting contributes 20-40% of an office building's total electricity consumption. By reducing how much energy you use for lighting you can reduce your environmental impact and help save money on utility bills. Here we've put together some important tips to help you reduce the power used up by lighting in your office building.

Ditch the old bulbs:

If your office has regular incandescent bulbs chances are most of the energy they use is being lost as heat. Upgrade to more efficient CFL's or LED lights for bulbs that use a fraction of the energy of an incandescent and last longer too.

Turn your lights off:

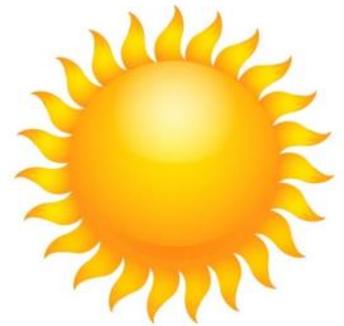
Always turn lights off when you are not using them and leave on as little lights as possible over night.

Motion sensors and dimmers:

Motion sensors let you keep lights off until you need them which can save a lot of power. Dimmer switches are a good way to control exactly how much lights you need adding convenience and efficiency to your lighting. Timmers can be used as well to have lights automatically turn off or on at specified times stopping them from being left on at time like over night.

Natural sunlight:

One easy way you can save power on lighting is to use the light you already have available to you from outside. Day light can be good for your health and provide ample light for many things. So open up the blinds and make use of the day light while the sun is still up.



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Do you have any questions or suggestions? Call or email us at green_solutions@reaps.org!

Recycling & Environmental Action Planning Society (R.E.A.P.S.)
PO Box 444, Prince George, BC V2L 4S6. Phone: (250) 561-7327 Fax: (250) 561-7324
Website: <http://www.reaps.org>