



Recycling and
Environmental
Action
Planning
Society

Greening Your Office

Tips by Email

Attention: **Office Staff**

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GREEN TIP #1:

*Turn off your computer
when you leave work!*

- 1 computer uses 120W of power on average.
- If 10,000 computers in B.C. were shut off over nights and weekends, it could cut their collective energy use by 50%.
- The U.S. Environmental Protection Agency estimates that 80% of printers used in offices, 70% of copiers, and 20-30% of computer monitors and task lights are left on overnight.
- Screen savers are energy wasters. Computer monitors use almost full power every time those cute fish, photo albums or geometric patterns are on display.
- Even when the screen saver is set for "blank screen" mode, the monitor uses nearly full power.
- For significant energy savings, institute a workplace ban on screensavers.
- Instead of a screen saver, use "power management" software. It actually turns off the power to your monitor after a preset period of inactivity. When you press a key or move your mouse, the monitor powers up where you left off.
- **When you leave at night, shut down your computer and unplug it! Help save our earth's resources one step at a time!**



IT'S A PROGRAM ON CONSERVING ENERGY

Source: BC Hydro. *Greening Your Business*.

<http://www.bchydro.com/guides_tips/green_your_business/office_guide/Turn_equipment_off_when_not_in_use_.htm>. Last Modified: Aug 12, 2009. Visited: 9 March 2010.

Cartoonstock. <<http://www.cartoonstock.com/newscartoons/cartoonists/rha/lowres/rhan1094l.jpg>> . 9 March 2010

Any Questions or Suggestions? Call or Email us! 250 561 7327 or Green_solutions@reaps.org

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