

**HELLO,** and welcome back to a brand new school year! The Worm Lady and her wiggly worm friends hope you had a fantastic summer, and would like to thank everyone who came down to visit us at the REAPS Compost Demonstration Garden. Wilma the Worm told us that although she and her worm friends had lots over the summer in the giant worm bin, they can't wait to go back to school to meet all the new friends. Please see below for details on the Adopt-a-Worm Program. Hope to see you all soon.



## ADOPT-A-WORM

The REAPS Adopt-a-Worm School Program is celebrating its 14th anniversary! It is a fun, hands-on presentation that teaches students all about worms and vermicomposting (composting with worms). Your class will learn about everything from worm anatomy to why worms are important for the health of the planet. The class will even get the chance to keep their very own worm bin for the school year to recycle their lunch wastes! REAPS provides the bin, the worms and support. The students provide food for the worms and care. They will enjoy watching their lunch wastes be transformed into valuable castings.

The Worm Lady will visit the classroom every month to check on the worms, answer any of your questions, and to teach the students about the worm bin and recycling. Participating classes will also receive this monthly newsletter.

This one hour presentation is **FREE** and is available for preK-8!

For more information or to register call REAPS at 250-561-7327 or email [thewormlady@reaps.org](mailto:thewormlady@reaps.org)

Register today, as worms are limited!

## WORM FACTS:

**Worms are vegetarians!** Worms like to eat the same types of food as you and I, like apples, lettuce, carrots, bananas, potatoes, watermelon, and bread—they even eat paper! But remember not to feed your worms any meats, oils or dairy products.



**Worms breathe through their skin!** Red Wigglers and other worms need oxygen just as much as we do, but instead of breathing through lungs like us, oxygen moves in through their skin and carbon dioxide moves out.

**Cutting a worm in half does not make two worms!** If a worm is cut in two, the head end might grow a new tail, as long as the cut is not too close to the clitellum, but the tail end will never grow a new head.



Send any questions, art or inquiries to:  
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